***Mobile Application Personal Project***

**Description**

Our idea for our mobile application is to create an application that help people plan out their work outs due to the fact that some people don’t know how to properly work out which most of the time will result in injury and also its surprising how many people want to start working out and hitting the gym but simply just don’t know where to start. We will plan the work out by the user selecting what type of muscles they want to work/ what they want to target during the workout, and from there we will formulate a workout using logic gates and connecting to a data base to target said muscle group.

**Mockup pre-view**

**A screenshot of a cell phone

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All of these screens are scrollable, there for they have more content on them than what is displayed in the preview, and we will probably add more features as the development process continues.

**Difficulty aspect**

For this assignment it is necessary to have a difficulty aspect, we have decided to make it connect to a data base and pull/ sort the information from said data base.